



SEMEN ANALYSIS INSTRUCTION SHEET

Your physician has requested that you provide a semen sample for analysis. This test is performed at Blue Sky Fertility in Brookside at the address provided below. This information has been provided for your convenience.

- Semen analysis is a test that includes sperm count (total number of sperm), motility (percent of moving sperm) and morphology (percent of sperm with normal shape). In addition, a notation on sperm progression (description of how the sperm are moving) will be included. In some cases, a vitality screen will be necessary if the sperm motility is less than 30% (percent of live sperm in a specimen).
- We perform all semen analysis and related tests **by appointment only**. Please call 816-301-5506 between the hours of 8am-4:00pm to schedule. Appointments are available Monday-Friday beginning at 7:30am.
- Please abstain from any type of sexual activity including intercourse, masturbation or any ejaculation, for an optimum time of 2-3 days prior to semen collection. A time interval of less than 2 days or more than 5 days will impact the test result.
- Masturbation is the preferred method of collection. In addition, lubrication may not be used. If you are completely unable to collect in this manner, please contact Blue Sky Fertility for more instruction.
- If you wish to collect at an offsite location, collection kits are available at Blue Sky Fertility for pick up prior to your appointment date. You must keep the sample warm (close to the body) for transport, and it **must** be received within 1 hour of collection.
- Results will be available within 5 business days. Blue Sky Fertility will call you with results as soon as they are available.
- The cost of a routine Semen Analysis is \$150. Any patient requiring additional tests (vitality, cryopreservation, etc.) will incur additional charges.
- **Blue Sky Fertility is located at:**
6675 Holmes Rd, Suite 680
Kansas City, MO 64131
Please enter at Entrance C off of Holmes Rd.

We appreciate the opportunity to participate in your care.